



**EAST AFRICAN CUISINE**

## **FOOD MENU**

### **STARTERS**

**Spicy Chicken Wings** £6.75

Freshly smoked chicken wings marinated in a mildly spiced sauce

**Tilapia Fish** £7

Fried Tilapia fillets served with sour cream

**Vegetable Samosas** £3

Fried vegetable samosas filled with mung beans, onions and coriander

**Beef Samosas** £3

Fried beef samosas seasoned with onions and coriander

### **GRILL & ROASTS**

**Tilapia Special** £24/28

Fresh whole tilapia fish mildly spiced and served with a shamba sauce and fresh salad. (regular/large)

**Harambee Nyamachoma** £45

Tender pieces of lamb chops, spicy chicken wings and goat meat cutlets, marinated in aromatic herbs and spices. Served with a side of your choice

**Goat Muchomo** £15

Mildly spiced tender goat pieces, charcoal grilled. Served with plantain and salad

**Pork Muchomo** £15

Spicy succulent pork ribs. Served with cassava chips and kachumbali sauce

## MAINS

<b>Safari Buffet</b>	£40
Lazy Susan style (best for sharing), including pilau rice, chapos, matooke or sweet potatoes, plantain, chicken, beef stew and spinach	
<b>Vegetable Buffet</b>	£40
Lazy Susan style (best for sharing), including mixed vegetable curry, spinach, plantain, chapos, and pilau or jollof rice	
<b>Tilapia Stew</b>	£20
Tilapia specially prepared in a creamy yoghurt sauce with herbs, spices and spring onions. Served with matooke.	
<b>Oxtail Stew</b>	£20
Fresh chunks of oxtail stewed in tomato sauce and carrots. Served with matooke	
<b>Katogo Mix</b>	£16
Fried matooke stewed with offals (matumbo)	
<b>Curry Goat</b>	£10
Hearty goat meat chunks stewed in a rich East African style curry sauce	
<b>Curry Chicken</b>	£10
Boneless chicken pieces in a rich East African style curry sauce	
<b>Beef Stew</b>	£8
Fresh tender pieces of beef stewed in tomato sauce with carrots	
<b>Chicken Stew</b>	£10
Smoked chicken pieces stewed in tomato sauce with carrots	
<b>Cow Foot (Emolokong/Mazondo)</b>	£8
Succulent chunks of cow foot in a rich spicy sauce	
<b>Offals (Matumbo)</b>	£6/£10
Boiled tripe seasoned with a rich spicy sauce (regular/large)	

## VEGETARIAN MAINS

**Mix Vegetable Curry** £7

Vegetable medley of aubergine, courgettes, carrots, garden peas, mushrooms, sweet corn, red and green peppers in a spicy tomato sauce.

**Cow Peas and Cabbage Stew** £7

African cow peas, cabbage and carrots stewed with mild spices.

**African Beans Stew** £7

Rosecoco bean stewed with tomato sauce, carrots, and red/green peppers.

**Spinach** £6.5

Spinach in peanut sauce

**Greens** £7

Kale fried with mushrooms and carrots

## SIDES (V)

**Pilau/Coconut Rice** £6      **Ugali (Posho/Sadza)** £6

**Jollof Rice** £7      **Plantain** £6

**Chapos (Chapatti)** £3      **Cassava** £6

**Matooke** £3      **Yams** £6

**Atap (Kalo)** £9      **Sweet Potatoes** £6

A Service charge of 7% will be applied to your bill for groups of 10 or more.